

# The EMG Center Serving Central Pennsylvania: Quarryville, Willow Street, Oxford, & Lebanon Email: <u>Referrals@TheEMGCenter.com</u> Phone: (223) 529-8049

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Patient:		DOB:	Date Of Service:
Height:	Weight:	Sex:	<b>Ref Phys:</b>

**CHIEF COMPLAINTS / MEDICAL HISTORY:** Pt presents with L sided LBP and L knee pain, with pain/paresthesias that radiate from her posterior hip to her posterior thigh/knee, posterolateral lower leg, and dorsal foot. Reports L knee pain has been chronic, and reports symptoms radiating down her leg have been ongoing "off and on" for the past 6 months. She denies any MOI. Denies experiencing any weakness in her L leg, and denies symptoms to R leg or B uppers. Reports symptoms are worse with standing/walking or sitting for longer periods of time. PMHx includes L knee arthroscopy. Denies DM, kidney, thyroid, autoimmune disease, cancer, exposure to toxins, or known family hx of neurological disease.

**PHYSICAL EXAMINATION:** Sensation to light touch is normal L1-S2 dermatomes B. Patellar and Achilles tendon reflexes are normal (2+) B. Slump test (-) B, PSLR tests (-) B. Lumbar extension AROM is limited and painful. Tinel's test fib head (+) L and (-) R, (-) med ankle B. Clonus (-) B. MMT: 5/5 throughout L1-S2 myotomes B. Mild edema observed L knee. Foot temp recorded and maintained at 30C or above throughout exam.

## **ELECTRONEUROMYOGRAPHIC STUDY:**

#### **Nerve Conduction:**

- B sural sensory and L tibial motor are WNL. B tibial H-reflex are WNL.
- L superficial peroneal sensory and B peroneal motor are WNL.

#### **Electromyography:**

- L TA and lower lumbar paraspinals demonstrate muscle membrane instability. L TA and glute med demonstrate larger than normal muscle motor units.
- All other muscles sampled, L lower extremity L2-S1, are WNL in insertional, resting, MUAP morphology, and recruitment activities.

### **IMPRESSIONS:** This is an abnormal study.

- 1. There is electrophysiologic evidence suggestive of an <u>active / ongoing lumbar radiculopathy</u> <u>affecting the ventral and dorsal rami of the L5 nerve root level on the left side.</u>
- 2. There is no electrophysiologic evidence suggestive of any focal mononeuropathy, lumbosacral plexopathy, generalized polyneuropathy, or myopathy at this time.

Adam Soltys

Adam Soltys, PT, DPT, ECS, COMT Board Certified Electrophysiologist

## Patient:

## **Nerve Conduction Studies**

#### Motor Summary Table

Site	NR	Onset	Norm	O-P	Norm	Neg	Full	Neg Area	Site1	Site2	Delta-	Dist	Vel	Norm
		(ms)	Onset	Amp	O-P	Dur	Dur	(mV·ms)			0 (ms)	(cm)	(m/s)	Vel
			(ms)	( <b>mV</b> )	Amp	(ms)	(ms)							(m/s)
Left Pe	eroneal	Motor (	Ext Dig B	rev)										
Ankle		4.7	<6.5	6.4	>1.3	6.56	20.47	21.29	Ankle	Ext Dig Brev	4.7	8.0		
B Fib		11.4		6.0		6.72	19.06	20.56	B Fib	Ankle	6.7	32.0	48	>38.0
Poplt		12.8		5.8		6.72	18.44	20.64	Poplt	B Fib	1.4	6.0	43	>42.0
Right I	Perone	al Motor	(Ext Dig	Brev)										
Ankle		4.5	<6.5	7.2	>1.3	5.63	14.69	19.54	Ankle	Ext Dig Brev	4.5	8.0		
B Fib		11.6		6.7		7.34	15.16	18.96	B Fib	Ankle	7.1	32.0	45	>38.0
Poplt		13.0		6.5		6.41	15.00	17.93	Poplt	B Fib	1.4	6.0	43	>42.0
Left Ti	bial M	otor (Ab	d Hall Br	ev)										
Ankle		3.9	< 6.1	10.7	>4.4	5.78	14.53	29.14	Ankle	Abd Hall Brev	3.9	8.0		
Poplit		11.9		7.0		6.56	15.31	23.24	Poplit	Ankle	8.0	37.0	46	>39.0

#### Sensory Summary Table

Site	NR	Peak	Norm	O-P Amp	Norm O-P	Site1	Site2	Delta-P	Dist	Vel	Norm Vel
		(ms)	Peak (ms)	(µV)	Amp			(ms)	(cm)	(m/s)	(m/s)
Left Sup I	Peron	Sensory (A	nt Lat Mall)								
Low Leg		3.8	<4.2	8.7	>3.0	Low Leg	Ant Lat Mall	3.8	14.0	37	>33.0
Left Sural	l Senso	ory (Lat M	all)								
Calf		3.0	<4.5	8.7	>4.0	Calf	Lat Mall	3.0	14.0	47	>31.0
Right Sur	al Sen	sory (Lat I	Mall)								
Calf		3.4	<4.5	6.8	>4.0	Calf	Lat Mall	3.4	14.0	41	>31.0

### **H Reflex Studies**

NR H-L	at (ms)	Lat Norm (ms)	L-R H-Lat (ms)	L-R Lat Norm	Leg Length (cm)
Left Tibia	l (Gastroo	2)			
3	30.52	<32	0.67	<2.0	37.00
Right Tibi	al (Gastr	oc)			
2	9.85	<32	0.67	<2.0	37.00

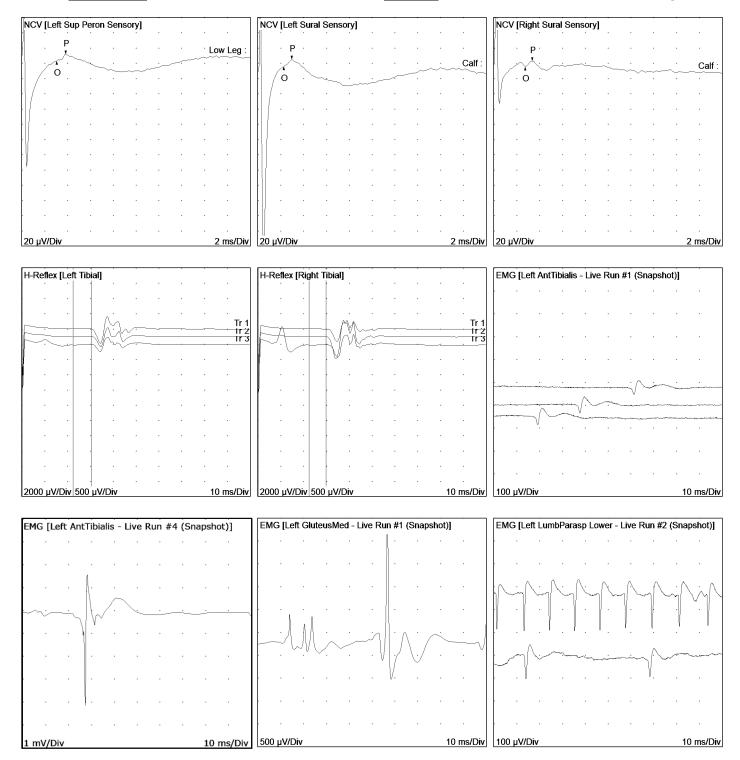
### EMG

Side	Muscle	Nerve	Root	Ins Act	Fibs	Psw	Amp	Dur	Poly	Recrt	Int Pat	Comment
Left	Med Gastroc	Tibial	S1-2	Nml	0	0	Nml	Nml	Nml	Nml	Complete	
Left	Peroneus Long	Sup Br Peron	L5-S1	Nml	0	0	Nml	Nml	Nml	Nml	Complete	
Left	GluteusMed	SupGluteal	L5-S1	Nml	0	0	Nml	Inc	Nml	Nml	Complete	
Left	AntTibialis	Dp Br Peron	L4-5	Inc	1+	0	Inc	Inc	Nml	Nml	Complete	
Left	VastusMed	Femoral	L2-4	Nml	0	0	Nml	Nml	Nml	Nml	Complete	
Left	LumbParasp Lower	Rami		Inc	1+	0						CRD

## Waveforms:

NCV [Left Peroneal Motor]	NCV [Right Peroneal Motor] NCV [Left Tibial Motor]	
. p	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	
Ankle		Ankle :
O P R	0 . p R	
B Fib :		
$\begin{array}{cccc} \cdot & \circ & \cdot \\ \cdot & \circ & \cdot \\ \cdot & \cdot & \cdot \\ \cdot & \cdot & \cdot \\ \cdot & \cdot & \cdot$	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	Poplit :
Poplt :	Popit:	
O	<sup>0</sup> <del>R</del>	
5000 μV/Div 5 ms/Div	5000 μV/Div 5 ms/Div 5000 μV/Div	5 ms/Div

Patient:



	Units by E	Extremity	Description					
	L	R						
95886 Upper			EMG Complete (5 or more muscles) each extreme	mity; with or v	/out parasp	inals when	performed with	h NCS
Lower	1							
95885 Upper			EMG Limited (<5 muscles) each extremity; with	or w/out para	spinals whe	en performe	d with NCS	
Lower								
95907			Nerve conduction studies 1-2 tests					
95908			Nerve conduction studies 3-4 tests					
95909			Nerve conduction studies 5-6 tests					
95910		1	Nerve conduction studies 7-8 tests					
95911			Nerve conduction studies 9-10 tests					
95912			Nerve conduction studies 11-12 tests					
95913			Nerve conduction studies 13 tests					

# Diagnosis: M54.16, R20.2